

# Welcome to 850 Elite Volleyball Academy!

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## 2020-2021 Parent Information Meeting

A 501(c)(3) non-profit.



# Mission Statement

“Attitude is EVERYTHING”

The 850 Elite mission is to teach players to work together to achieve a goal that is bigger than any individual player. This “Elite” attitude is grounded in support, honed by hard work, and finished with cooperation.



# Goals

Our goal is to develop young athletes into the strongest, most skilled and mentally composed individual **THEY CAN BE.**

- We teach players how to be successful, on and off the court, through physical **AND** mental coaching.
- Our goal is to develop our players with skill and grit, while supporting the USA Volleyball initiative to...

**GROW THE GAME**



# Fundamentals

TEAMWORK is the ability as a group to accomplish what a single individual cannot.



# Expectations

850 Elite coaches expect maximum effort and a positive outlook. We will always support our teammates regardless of the score.



# Coaching Philosophy

- Growth Mindset was developed by Stanford Professor, Carol Dweck. It is the foundation of 850 Elite's coaching philosophy.
- Growth Mindset focuses on the **PROCESS**, not the results. We are in charge of the process.



# Coaching Philosophy Continued...

If winning is the only goal, then there is never any GROWTH. This creates stressed out players, which transfers to life outside of volleyball.

850 Elite coaches understand that mistakes must be made in order for young athletes to learn and grow.



# Coaching System

850 Elite has used the Gold Medal Squared (GMS) system since 2015, to teach consistent skills across all age levels.

GMS is the same system used by the US Olympic Team, US National Team, as well as leading NCAA Volleyball programs in all divisions.





# Gold Medal Squared

The GMS system “is based on studied scientific principles from human kinetics, organizational behavior, statistics and psychology”.

Volleyball is constantly changing and growing, as is GMS. All 850 Elite coaches participate in a hands-on GMS training course every season to ensure our athletes receive the most up to date training available.



# Programs

## Club Grassroots

850 Elite offers a Grassroots Program for ages 8-12. This program is sanctioned by USA Volleyball and the Gulf Coast Region.

Registration for this program will open in November.

Practices will begin in January 2021.

Teams will compete in Gulf Coast Regional Championships, as well as 1-2 tournaments hosted at 850 Elite.



# Programs Continued... UPDATED!!!

FALL 2020: October 19 - November 11 (4 weeks)

Grassroots & Youth Developmental  
4 week Camp - Mon. & Wed. 4:15pm - 5:45pm

Middle School & High School  
4 week Camp - Mon. & Wed. 6:00pm - 8:00pm



# Programs Continued...

## SUMMER 2021

850 Elite offers various individual skills clinics and camps over the summer. These camps begin in May and will run through the month of July.

The 2021 summer schedule will be available in April.



# Teams Breakdown

## White Team

White teams are developmental teams (ages 12u-14u) that will compete in 4 First Serve regional tournaments.

**Regional Tournaments** - 1 or 2 day tournaments held within the Gulf Coast Region.

**National Tournaments** - 2 or 3 day tournaments held outside the Gulf Coast Region.

## Grey Team

Grey teams are regional teams that will compete in a minimum of 1 national tournament, 5 regional tournaments plus the Gulf Coast Region Championships.



# Teams Breakdown Continued...

## Blue Team (Power 1)

Blue teams are national teams that will compete in a minimum of 5 national tournaments, 2 regional tournaments plus the Gulf Coast Region Championships.

## Black Team (Power 2)

Black teams are national teams that will compete in a minimum of 5 national tournaments, 2 regional tournaments plus the Gulf Coast Region Championships.



# Meet the Coaches

Terri Fedonczak is a Certified Martha Beck life coach specializing in stress management and teen empowerment. She helps girls clarify their mental game to be more powerful and effective on and off the court. She is also the author of “Field Guide to Plugged-in Parenting”, available on Amazon.



# Meet the Coaches

Coach Bryce

Coach Hannah

Coach Jac

Coach James

Coach Jenna

Coach Lab

Coach Lani

Coach Matt

Coach Nick

Coach Sammy

Coach Tessa

Coach Tom





# Welcome Our New Coaches!

Coach Brittney

Coach Brookah

Coach Chris

Coach Dhayana

Coach Shanleigh



# Welcome Dr. Jenn Gaddy

Dr. Jenn Gaddy, Sports Performance physical therapist has moved her business, Bluewater Multisport, to our center.

Dr. Jenn designs our warm up routines as well as our speed and agility programming.

Contact her at [www.bluewatermultisport.com](http://www.bluewatermultisport.com) for individual appointments.



# Team Assignments



12u	Coach Lani & Coach Bryce
13u	Coach Tessa
13u	Coach Hannah & Coach Dhayana
14u	Coach Sammy
14u	Coach Lab
15u	Coach Brittney
15u	Coach James

16u	Coach Nick & Coach Shan
16u	Coach Lani & Coach Bryce
17u	Coach Brookah
17u	Coach Matt
18u	Coach Jac & Coach Chris

Grassroots	Coach Lani & Coach Bryce
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# Age Definition Chart



## USA VOLLEYBALL JUNIOR PLAYER AGE DEFINITION

### For use during the 2020-2021 Season

To determine the correct age division, please find the Month of Birth in the left column and then the year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under <sup>1</sup>	18 & Under <sup>2</sup>	17 & Under	16 & Under	15 & Under <sup>3</sup>	14 & Under <sup>4</sup>	13 & Under <sup>5</sup>	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
July	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Aug	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Sept	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Oct	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Nov	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Dec	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Jan	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Feb	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Mar	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Apr	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
May	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
June	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013

Age definition chart can be found at [850elitevolleyball.org/tryouts](https://850elitevolleyball.org/tryouts)



# 2020-2021 Season Tryouts

Tryout registration is now open for all age groups, 12u-18u!

## Sunday, November 1

12u & 13u	1:00pm - 3:30pm
14u & 15u	4:30pm - 7:00pm

For make-up tryouts please  
contact us at

[850elite@findyourpride.org](mailto:850elite@findyourpride.org)

## Sunday, November 8

16u, 17u & 18u	2:00pm - 4:30pm
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# 2020-2021 Season Tryouts

- Tryout registration links for all age groups can be found on the 850 Elite Volleyball website at <https://850elitevolleyball.org/tryouts/>
- ALL players **MUST** register to tryout with their age group. **NO EXCEPTIONS!**
- Parents of players that wish to play up in an older age group may notify 850 Elite coaches prior to tryouts; **HOWEVER**, the final decision will be made at the discretion of the 850 Elite Coaching Staff.





# 2020-2021 Season Tryouts

All instructions and action items to complete prior to tryouts can be found in the Tryout Registration Packet located on the 850 Elite website at [850elitevolleyball.org/tryouts/](https://850elitevolleyball.org/tryouts/)

Tryout registration cost - \$50

Junior Girls Membership - \$90

Junior Girls Tryout Membership ONLY - \$20

*Note: player must upgrade membership to Junior Girls membership once selected for a team. Cost for upgrade is \$90.*



# 2020-2021 Season MAKE-UP Tryouts

If a player is not able to make the assigned tryout date & time for their age group, 850 Elite will be offering make-up tryout options.

Please contact us at [850elite@findyourpride.org](mailto:850elite@findyourpride.org)

*Note: Make-up tryouts must be completed PRIOR to the assigned tryout date!*



# Tryout Results

All players will be notified of tryout results via email by 3:00 pm the day following tryouts.

Players who earned a spot on a team roster will have 24 hours to accept their position on the team. To confirm acceptance players must submit payment for the \$200 non-refundable deposit. Once all deposits have been paid, 850 Elite will send an email confirming the final team roster.



# Injured Player Policy

If a player is unable to make the assigned tryout date for their age group due to an injury, we will have a make-up tryout **NO LATER THAN** one week prior to that team's first tournament.

If an injured player wants to tryout for a team, they must pay the non-refundable deposit and order the equipment package in advance like any other player. The team cost will be calculated without them and adjusted if they make the team.



# Practice Schedule

Practices will begin the week of November 16, 2020. The schedule will be determined once teams are made. All travel team practices are for a minimum of 2 hours. Grassroots will practice for 1.5 hours. All practices will be held at  
850 Elite Volleyball Academy

Grassroots: 2 week day practices

White Teams: 1 week day practice + 1 weekend practice

Grey Teams: 2 week day practices

Black Teams: 2 week day practices + 1 weekend practice

Blue Teams: 2 week day practices + 1 weekend practice

Note: On travel weekends coaches & teams will try to get a 3rd practice in during the weekdays prior. This is subject to court & team availability.



# Tournaments

## White Team

Will compete in 4 Regional First-Serve Tournaments.

Total of 4 tournaments.

**Regional Tournaments** - 1 or 2 day tournaments held with-in the Gulf Coast Region.

**National Tournaments** - 2 or 3 day tournaments held outside the Gulf Coast Region.

## Grey Team

Will compete in a minimum of 1 national tournament, 5 regional tournaments plus the Gulf Coast Region Championships.

Total of 7 tournaments.



# Tournaments

## Blue Team

Will compete in a minimum of 5 national tournaments, 2 regional tournaments plus the Gulf Coast Region Championships.  
Total of 8 tournaments.

**Regional Tournaments** - 1 or 2 day tournaments held with-in the Gulf Coast Region.

**National Tournaments** - 2 or 3 day tournaments held outside the Gulf Coast Region.

## Black Team

Will compete in a minimum of 5 national tournaments, 2 regional tournaments plus the Gulf Coast Region Championships.  
Total of 8 tournaments.

**850 Elite will hold a separate tryout following GCR Championships for all AAU National teams.**



# White Team GENERAL Schedule

<b>GENERAL WHITE: 12u-14u</b>		
<b>Tournaments: 4 (DOES NOT INCLUDE FRIENDSHIP TOURNEY)</b>	<b>Date</b>	<b>Location</b>
<b>Friendship Tournament - 1 Day</b>	<b>Dec 12</b>	<b>Foley, AL</b>
<b>Hall of Fame - 1 Day (12u-14u)</b>	<b>Jan 9</b>	<b>Foley, AL</b>
<b>28th Annual Gulf Coast Classic - 2 Day</b>	<b>Feb 13 &amp; 14</b>	<b>Foley, AL</b>
<b>March Madness - 1 Day (12u-14u)</b>	<b>Mar 20</b>	<b>Foley, AL</b>
<b>Battle of the Bay - 1 Day (12u-14u)</b>	<b>Apr 10</b>	<b>Foley, AL</b>





# Grey Team GENERAL Schedule

<b>GENERAL GREY: ALL AGES</b>		
<b>Tournaments: 7 (DOES NOT INCLUDE FRIENDSHIP TOURNEY)</b>	<b>Date</b>	<b>Location</b>
Friendship Tournament - 1 Day (12u-14u DEC 12) (15u-18u DEC 13)	Dec 12 or Dec 13	Foley, AL
LAV Invitational - 2 Day	Jan 23 & 24	Foley, AL
Pounder's Open - 2 Day	Jan 30 & 31	Foley, AL
Gasparilla - 3 Day	Feb 13, 14 & 15	Tampa, FL
WaveFest - 2 Day	Mar 6 & 7	Foley, AL
Mississippi Gulf Coast Open - 2 Day	Mar 13 & 14	Biloxi, MS
Spring Fling - 2 Day	Mar 27 & 28	Foley, AL
GCR Championship - 2 Day	Apr 23 & 24	Mobile, AL



# Black & Blue Team GENERAL (12u-14u)

## GENERAL BLACK & BLUE: 12u - 14u

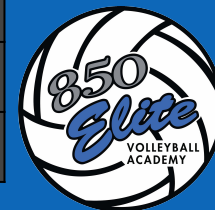
Tournaments: 8 (DOES NOT INCLUDE FRIENDSHIP TOURNEY)	Date	Location
Friendship Tournament - 1 Day (12u-14u DEC 12)	Dec 12	Foley, AL
New Orleans Blastoff - 2 Day	Jan 17 & 18	New Orleans, LA
Pounder's Open - 2 Day	Jan 30 & 31	Foley, AL
Jax Jam - 2 Day	Feb 6 & 7	Jacksonville, FL
Gasparilla - 3 Day	Feb 13, 14 & 15	Tampa, FL
Sunshine VB Classic - 3 Day (11u-14u, 15 American) <b>QUALIFIER</b>	Mar 6, 7 & 8	Orlando, FL
Mississippi Gulf Coast Open - 2 Day	Mar 13 & 14	Biloxi, MS
Big South National Qualifier - 3 Day <b>QUALIFIER</b>	Apr 2, 3 & 4	Atlanta, GA
GCR Championship - 2 Day	Apr 23 & 24	Mobile, AL



# Black & Blue Team GENERAL (15u-17u)

## GENERAL BLACK & BLUE: 15u - 17u

Tournaments: 8 (DOES NOT INCLUDE FRIENDSHIP TOURNEY)	Date	Location
Friendship Tournament - 1 Day (15u-18u DEC 13)	Dec 13	Foley, AL
New Orleans Blastoff - 2 Day	Jan 17 & 18	New Orleans, LA
Pounder's Open - 2 Day	Jan 30 & 31	Foley, AL
Gasparilla - 3 Day	Feb 13, 14 & 15	Tampa, FL
Beast of the Southeast - 2 Day (12u-17u)	Feb 20 & 21	Atlanta, GA
WaveFest - 2 Day	Mar 6 & 7	Foley, AL
Sunshine VB Classic - 3 Day (15 Open & USA, 16u-18u) <b>QUALIFIER</b>	Mar 12, 13 & 14	Orlando, FL
Big South National Qualifier - 3 Day <b>QUALIFIER</b>	Apr 2, 3 & 4	Atlanta, GA
GCR Championship - 2 Day	Apr 23 & 24	Mobile, AL



# Black & Blue Team GENERAL (18u ONLY)

GENERAL BLACK & BLUE - 18u		
Tournaments: 8 (DOES NOT INCLUDE FRIENDSHIP TOURNEY)	Date	Location
Friendship Tournament	Dec 13	Foley, AL
Little Big South - 3 Day	Jan 16, 17 & 18	Atlanta, GA
Pounder's Open - 2 Day	Jan 30 & 31	Foley, AL
Gasparilla - 3 Day	Feb 13, 14 & 15	Tampa, FL
Beast of the Southeast -3 Day (Qualifier 18u only) <b>QUALIFIER</b>	Feb 19, 20 & 21	Atlanta, GA
WaveFest - 2 Day	Mar 6 & 7	Foley, AL
Sunshine VB Classic - 3 Day (15 Open & USA, 16u-18u) <b>QUALIFIER</b>	Mar 12, 13 & 14	Orlando, FL
Big South National Qualifier - 3 Day <b>QUALIFIER</b>	Apr 2, 3 & 4	Atlanta, GA
GCR Championship - 2 Day	Apr 24 & 25	Mobile, AL



# Estimated Cost

Grassroots	\$650
White Team <i>(Based on 4 tournament schedule)</i>	\$1300 (12u-14u)
Grey Team <i>(Based on 7 tournament schedule)</i>	\$2000 (All ages)
Black Team <i>(Based on 8 tournament schedule)</i>	\$2500 (All ages)
Blue Team <i>(Based on 8 tournament schedule)</i>	\$2500 (All ages)

Costs are based on a 10 player roster, and include the cost for an assistant coach. If there is no assistant coach, costs drop \$300-\$500, depending upon travel schedule.



# Estimated Cost Continued...

- The schedules included in this presentation are subject to change. Schedules can be adjusted with the agreement of teams and coaches. Costs will change accordingly.
- Cost covers:
  - USA Volleyball team fee
  - Team Equipment (balls, coaches' uniform)
  - Tournament entry fees
  - Facility fees
  - Head Coach & Assistant Coach (if applicable) fee
  - Head Coach & Assistant Coach (if applicable) hotel and travel expenses



# Scholarships

850 Elite has a scholarship fund available for qualifying players that provides individual scholarship opportunities. For information about scholarships, how to qualify and how to apply please visit

[850elitevolleyball.org/scholarship/](https://850elitevolleyball.org/scholarship/)



# Scholarships Continued...

To qualify, applicants must meet/complete the following:

- Commit to attending at least 80% of practices & games
- Commit to attending Club Fundraisers
- Bring onboard a minimum of 2 Sponsors
- Maintain a GPA of 3.0
- Write an essay and make a short presentation to the Board of Directors about “What Volleyball Means to Me”





# Fundraising

All teams are allowed to fundraise for player fees. 850 Elite Volleyball Academy gym/parking lot will be available for team fundraising opportunities. For space inquiry please contact us at [850elite@findyourpride.org](mailto:850elite@findyourpride.org)



# Equipment

The Player Equipment Package is a separate mandatory cost.

New Player Package: \$375

*Includes:*

- 3 jerseys
- 3 practice t-shirts
- 850 Elite backpack
- 1 pair of spandex
- 1 pair of knee pads
- Pink socks
- Warm-up pants
- Warm-up jackets

Returning Player Package: \$36

*Includes:*

- 3 practice t-shirts

Grassroot Package: \$74

*Includes:*

- 1 jersey
- 3 practice t-shirts

Additional items are available to be purchased for each package.



# Payment - OPTION 1

A non-refundable deposit of \$200 is due upon acceptance of spot on team roster.

## PAYMENT OPTION 1

- Write 1 check for the full amount of remaining club fees after \$200 deposit.
- Due Date: December 1, 2020



# Payment - OPTION 2

A non-refundable deposit of \$200 is due upon acceptance of spot on team roster.

## PAYMENT OPTION 2

- Write 2 checks for half of the amount of remaining club fees after \$200 deposit.
  - Due: December 1, 2020
  - Due: January 1, 2021



# Payment - OPTION 3

A non-refundable deposit of \$200 is due upon acceptance of spot on team roster.

## PAYMENT OPTION 3

- Make 5 equal payments online, using Upperhand Account (3% processing fee is added by Upperhand)
  - Due: December 1, 2020
  - Due: January 1, 2021
  - Due: February 1, 2021
  - Due: March 1, 2021
  - Due: April 1, 2021



# Contact Information

Please email us with any questions!

Email: [850elite@findyourpride.org](mailto:850elite@findyourpride.org)

Website: [850elitevolleyball.org/](http://850elitevolleyball.org/)

